COMMUNITY NETWORKS OF SPECIALIZED CARE

Videoconference Education Sessions – Jan through May 2013

Roster updated: Jan 7, 2013

- SESSIONS ARE FREE -

To Access VC Handouts and the Event Calendar: Go to www.community-networks.ca. Click on the Videoconferencing tab, and then select VC Handouts, at left, for a full roster of session materials.

To Access Webcasts: Go to the Ontario Telemedicine Network’s Webcasting Centre website: http://webcast.otn.ca/

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**To access Central, Eastern & Southern Network webcasts: once in the OTN Webcasting Centre, choose LIVE Events (Public) for same day broadcast or ARCHIVED Events (Public) for viewing after date of broadcast. Sessions archived on OTN website for up to one year.

JANUARY 2013

UP CLOSE & PERSONAL: Navigating Personal Boundaries in Day to Day Support
The nature of providing personal support to people can be complicated. Direct support professionals encounter situations that challenge them to think on their feet and maintain professionalism. Should you buy someone a coffee? Accept or give gifts? Bring people to your home? Share personal information? Discussion will focus on solutions to boundary dilemmas.

Date: Fri, January 11, 2013
Time: 10:00 AM – 12:30 PM EST (9:00 - 11:30 AM CST)
Presenter(s): Marianne Simpson, Community Consultant: Regional Support Associates
Host: Southern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=21091868
GROUPE CONVEX: AN AFFIRMATIVE ENTERPRISE IN PRESCOTT-RUSSELL
This brief exposé offered within a luncheon, will present Convex Group’s history and its current operation. A summary and video testimonial will confirm the achievement of the companies’ social mission.

Date: Tues, January 22, 2013
Time: 12:00 PM – 1:30 PM EST (11:00 AM - 12:30 PM CST)
Presenter(s): Caroline Arcand
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22991957

PAIN ASSESSMENT & MANAGEMENT IN DEVELOPMENTAL DISABILITIES
This presentation provides a review of general principles of neuroanatomy and physiology as they relate to pain mechanisms, before discussing implications for patients with developmental disabilities.

Erin Thompson is a physiotherapist who has been working in Developmental Services since 2006. She is a graduate of Laurentian University in Sudbury (BSc. Kinesiology) and of Queen’s University in Kingston (MSc. Physiotherapy) and has recently attended several courses in pain science. With a keen interest in developmental disabilities, Erin has worked as a school health therapist for Kingston’s Child Development Centre and with adults of all ages at Ongwanada Resource Centre. She is also a volunteer coach with the Y-Knot Abilities Program and a medical classifier with the Ontario Para-sim program.

Date: Wed, January 30, 2013
Time: 10:00 AM – 12:00 PM EST (9:00 AM - 11:00 AM CST)
Presenters(s): Erin Thompson
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=23592300

MAKING AND MAINTAINING FRIENDSHIPS
Making and maintaining meaningful friendships can often be a challenge for many primary school children with ASD. In this workshop you will learn the Behavioural Skills Training approach to teaching a variety of social skills specific to school aged child. You will be provided with examples of how these skills can be generalized across different settings and people. By attending this workshop, you will gain knowledge and resources to start teaching children social skills in their home and in the community.

Date: Tues, February 5, 2013
Time: 10:00 AM - 12:00 PM EST (9:00 AM - 11:00 AM CST)
Presenter(s): Katie Danaher and Jessica Mommertz
Host: Central Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=24462380

THE IMPACT OF SOCIAL INTERACTION ON PEOPLE ACCESSING SERVICES
When family members and/or co-workers interact, both positively and negatively, there can be a significant impact on other people around them. Quite often the impact on people accessing services is not considered when team dynamics are discussed. This presentation will explore how these interpersonal interactions affect people living within support services and how to ensure that the impact is as positive as possible.

Date: Wed, February 13, 2013
Time: 10:00 AM – 12:30 PM EST (9:00 - 11:30 AM CST)
Presenter(s): Elgie LaButte & Pauline LeDrew-Bonvarlez
Host: Southern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=21092454

CANCELLED
**L’ENTREPRISE AFFIRMATIVE (Session in FRENCH)**
En se fondant sur un modèle reconnu, soit le Groupe Convex, cet atelier d’introduction générale au développement économique et communautaire explique ce qu’est une entreprise sociale visant à créer de l’emploi pour les personnes qui ne pourraient autrement, à ce moment-ci, obtenir ou maintenir un emploi ailleurs dans leur communauté. Les étapes menant à l’établissement d’un tel modèle d’économie émergente sont présentées. Les impacts positifs d’un tel type d’entreprise, tant chez les employés visés que pour la communauté, sont énumérés et discutés et les clés de succès d’une telle entreprise sont abordées et décrites selon des faits vécus. Certains résultats de recherche ainsi que des exemples seront partagés.

**Date:** mercredi, le 13 février, 2013  
**Heure:** 1:00 PM – 4:00 PM EST (12:00 PM - 3:00 PM CST)  
**Formateurs(s):** Caroline Arcand  
**Host:** Eastern Network  
**OTN Self-scheduling URL:** [https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22992823](https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22992823)

**SYNDROMES: FRAGILE X AND DOWN SYNDROME**
Down syndrome is the most common genetic cause of developmental disability. Persons with Down syndrome are at higher risk for certain psychiatric and medical issues, including depression and dementia. Fragile X syndrome is the most common inherited cause of a developmental disability; however, the clinical presentation varies in males and females. This workshop will review the most common characteristics of each syndrome, including comorbid medical and psychiatric issues. Health Watch Tables for each syndrome, from the Tool Book for Primary Care of People with Developmental Disabilities (Sullivan et al., 2011), will be reviewed.

**Date:** Wed, February 20, 2013  
**Time:** 12:00 PM – 1:30 PM EST (11:00 AM - 12:30 PM CST)  
**Presenter(s):** Teresa Broda and Elizabeth Kacew  
**Host:** Eastern Network  
**OTN Self-scheduling URL:** [https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22992010](https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22992010)

**BUILDING HEALTH CARE CAPACITY SERIES: PRIMARY HEALTH CARE NEEDS RELATED TO AGING WITH DEVELOPMENTAL DISABILITIES**
This Information session will provide information and recommendations for healthy aging of people who have a developmental disability. The session will focus on higher risk health issues, including feeding, swallowing, and dementia, associated with this population and the chronic issues that escalate with aging. The session will also highlight recommendations and strategies to improve good health and quality of life as people with developmental disabilities age.

**Target Audience:** Health Care Professionals, Developmental Service Professionals, and Professionals who work with the elderly Learning

**Outcomes:** a) participants will be able to identify the aging process for the general population as well as the additional complications for individuals with developmental disabilities b) participants will learn the importance of health and wellness strategies for aging adults who have a developmental disability

**Date:** Fri, February 22, 2013  
**Time:** 10:00 AM – 12:30 PM EST (9-11:30 AM CST)  
**Presenter(s):** Deidre Gillespie, RN, MN St Lawrence College  
**Host:** Southern Network  
**OTN Self-scheduling URL:** [https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=25048383](https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=25048383)
L'IMPORTANCE DES ATTENTES POUR MENER À BIEN L'INTERVENTION (Session in FRENCH)
Quel est l’impact des attentes sur mon parcours de vie?
a) Celles véhiculées par les gens dans mon milieu?
b) Celles que j’ai envers moi-même?
Les personnes handicapées font d’habitude l’expérience d’attentes modestes (pour lesquelles on utilise l’euphémisme de "réalistes"). Les participants seront sensibilisés à l’influence des attentes élevées dans le cheminement des individus autant sur le plan personnel que pour les parents, enseignants et/ou éducateurs.

Date: mardi, le 26 février, 2013
Heure: 1:30 PM – 3:00 PM EST (12:30 PM - 2:00 PM CST)
Formateurs(s): Raymond Lemay
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22992668

GET ANGRY? A "HOW TO" LESSON ON COPING STRATEGIES FOR CHILDREN WITH ASD
Parents of children with ASD often struggle with how to teach their children positive ways to cope with stress. The focus of this workshop is to provide practical strategies in order to help children cope with anger and frustration. Topics that will be covered include; teaching children to identify anger cues, recognizing anger triggers, and appropriate replacement behaviours. Parents will participate in interactive hands-on activities and will receive resources to help support your child at home.

Date: Wed, February 27, 2012
Time: 10:00 AM - 12:00 PM EST (9:00 AM - 11:00 AM CST)
Presenter(s): Ellen Spittle and Jennine Langley
Host: Central Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=24462998

MARCH 2013

SOCIAL NETWORKING: SURFING THE LINE BETWEEN "EPIC WIN!" AND "EPIC FAIL!"
Facebook, Twitter, YouTube - social networking sites have become central to teenagers' communal lives. These mediums can pose a special challenge to teens with ASD and their parents. This workshop will provide education on how social skill deficits common to ASD can impact your teen's social networking experiences; and how you as a parent can support and guide them. Topics will include: types of social networking, "netiquette", internet contracts, and cyber bullying. The goal of this workshop is to equip parents with practical tools that will enable them to teach their teens to safely navigate the World Wide Web and its social networking sites.

Date: Tues, March 5, 2013
Time: 10:00 AM - 12:00 PM EST (9:00 AM - 11:00 AM CST)
Presenter(s): Scott Wildman and Nicole McGowan
Host: Central Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=24463239
THE IMPORTANCE OF SEX EDUCATION FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES

In recent years, important changes in public policies and attitudes have resulted in improved opportunities for people with developmental disabilities. Now, people living with developmental disabilities assume their rightful place in society. Unfortunately, societal attitudes have had little change towards sexuality and sex education for people with developmental disabilities. Even today, many people refuse to acknowledge that all people have sexual feelings, needs, and desires, regardless of their physical and/or mental abilities. As a result, many people who live with developmental disabilities do not receive sex education.

Debbie’s educational background is as a Behavioural Science Technologist, graduating from St. Lawrence College in Kingston, Ontario. She has worked in the Social Service field for over 30 years working for agencies in Kingston, Belleville, Toronto and Prince Edward County. For the past 15 years, Debbie has worked for Community Living Prince Edward in a variety of roles. She currently is in a supervisory role responsible for Community Employment Initiatives. For the past 7 years, Debbie has taken a lead role in providing training workshops on “Building Positive Relationship” with people receiving support, their families and employees.

Date: Tues, March 5, 2013
Time: 10:00 PM – 12:00 PM EST (9:00-11:00 AM CST)
Presenter(s): Debbie Podmilshack, Behavioural Science Technologist (BST) Community Living, Prince Edward
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22673463

CHALLENGING BEHAVIOURS IN PERSONS WITH INTELLECTUAL DISABILITY: THE WHOLE PERSON APPROACH — Interactive TUTORIAL FORMAT

*Group work in this session is most effective with 2 or more participants in attendance at each VC site*

This tutorial is a unique collaboration between the four Networks of Specialized Care. The expert panel comprises a team of highly experienced clinicians representing all four regions. All behaviour is communication – we may just not speak the language. The challenge of challenging behaviour is to understand the multiple factors which may underlie the behaviour. In this interactive, case history-based TUTORIAL, a variety of biopsychosocial factors will need to be considered in order explain the challenging behaviours presented.

LEARNING OBJECTIVES:
Participants will leave the workshop with:
1) an awareness of the broad range of factors that may contribute to challenging behaviour patterns in the people they support;
2) an awareness of how to proceed in finding answers; and
3) brief exposure to the Canadian Consensus Guidelines for Primary Care of Adults with Developmental Disabilities and the companion Tool Kit. It is hoped that both primary support staff and health professionals will become more familiar with these in coming months.

Date: Thurs, March 7, 2013
Time: 10:00 AM – 12:30 PM EST (9:00-11:00 AM CST)
Presenter(s): John Clarke, Terry Broda, Melanie Kelly, Karen Baker, Andy Wilson
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=24462783
THE POWER OF POSITIVE EXPECTATIONS
What is the impact of expectations on my life?
a) Those of the people around me?
b) Those I have of myself?
People with disabilities typically experience low (euphemistically called "realistic") expectations. Participants will be made aware of the effects hope and high expectations on individuals’ lives, both at the personal level and for parents, teachers and/or educators.

Date: Tues, March 19, 2013
Time: 12:00 PM – 1:30 PM EDT (11:00 AM - 12:30 PM CDT)
Presenter(s): Raymond Lemay
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22992064

OUTILS PORTANT SUR LES SOINS PRIMAIRE AUPRÈS DES PERSONNES PRÉSENTANT UNE DÉFICIENCE INTELLECTUELLE (Session in FRENCH) – *same session scheduled for broadcast on Dec 5, 2012

Date: mercredi, le 20 mars, 2013
Heure: 1:00 PM – 4:00 PM EDT (12:00 PM - 3:00 PM CDT)
Formateurs(s): Theresa Broda
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=23336284

IPAD APPLICATIONS AND COMPUTER ASSISTED INSTRUCTION
Most of the students with whom we work own an iPad. This workshop will teach participants how to capitalize on iPads functionality as a source of instructional support. Participants will learn the pros and cons of various applications. Participants will learn to use the iPad to teach communication skills, self-regulation, social skills, and basic academics.

Date: Wed, March 20, 2013
Time: 9:30 AM - 12:00 PM EDT (8:30 AM - 11:00 AM CDT)
Presenter(s): Sandee-lee Parker
Host: Central Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=24203708

APRIL 2013

LOI DE 1992 SUR LA PRISE DE DECISIONS AU NOM D'AUTRUI (Session in FRENCH)

Date: mardi 2 avril, 2013
Heure: 1:00 PM – 4:00 PM EDT (12:00 PM - 3:00 PM CDT)
Formateur(s): Luc Maisonneuve, Avocat et Procureur
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=24759694

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CONSENT, CAPACITY & SUBSTITUTE CONSENT UNDER THE ONTARIO SUBSTITUTE DECISIONS ACT, 1996
This workshop will:
- Examine the basic legal principles governing consent, capacity and substitute consent as it relates to vulnerable populations.
- Review the general principles of law that govern consent to treatment, counseling and care, and admission to hospitals, long-term care homes and other similar facilities.
- Examine the elements of a valid consent and the role of consent forms in documenting consent. Analyze the legal concept of capacity or competency to consent.
- Examine the situations in which one person may obtain legal authority to make health, counseling and care decisions on behalf of another person. Despite what many people believe, substitute decision makers do not have a free hand in making decisions on behalf of an incapable patient. Rather, substitute decision makers are bound to exercise their authority consistent with the incapable patient’s prior expressed wishes or, if no such wishes are known, the patient’s best interests.
- Examine the hierarchy of potential substitute decision makers and the legal safeguards that are built into substitute decision making. These topics will be also be analyzed as they apply to substitute decision making for financial mgmt.
- Throughout the workshop, reference will be made to the leading Canadian cases and the current Ontario legislation. Participants will be invited to ask questions throughout the video conference.

Date: Wed, April 3, 2013
Time: 9:00 AM – 12:00 PM EDT (8:00 AM - 11:00 AM CDT)
Presenter(s): Robert Solomon, LLB (Osgoode Hall) 1970, LLM (Yale) 1972, called to the Bar of Ontario in 1975, Professor – Faculty of Law, Western University
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=25072756

MEDICATION/PHARMACOLOGY: QUICK AND DIRTY REVIEW
This workshop will provide a brief overview of drugs in order to become familiar with the types of psychiatric medications commonly prescribed for people with intellectual disabilities. A discussion on the use of these drugs will follow with an overview of the potential side effects to observe.

Date: Wed, April 10, 2013
Time: 12:00 PM – 1:30 PM EDT (11:00 AM - 12:30 PM CDT)
Presenter(s): Theresa Broda and Elizabeth Kacew
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22992384

DÉVELOPPEMENT DE CARRIÈRE CHEZ LA PERSONNE AYANT UN HANDICAP INTELLECTUEL (Session in FRENCH)
Cet atelier interactif offre aux intervenants des outils et des pistes qui leur permettront de mieux aider les personnes à risque de chômage chronique. L’emphase est mise sur l’employabilité des personnes présentant un handicap intellectuel ou vivant des situations incommodes. Pour accompagner son client ainsi que l’employeur de ce dernier, le professionnel doit utiliser un bon style d’intervention et créer un environnement favorable au succès, c’est-à-dire l’obtention et le maintien à l’emploi pour la personne en cause au sein du marché compétitif.

Date: mercredi 17 avril, 2013
Heure: 1:00 PM – 4:00 PM EDT (12:00 PM – 3:00 PM CDT)
Formateur(s): Caroline Arcand
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22992782

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SOCIAL WORK AND PEOPLE WITH DEVELOPMENTAL DISABILITIES

Every person who lives with a developmental disability deserves to be treated as a unique individual. It is important to emphasize abilities, be open to the possibilities and exercise creativity. Therapists can be effective with individuals with DD but often need to approach therapy differently such as adapting or modifying materials as necessary and using a range of resources.

Jessica Beresford received her BSW in Social Work from Carleton University. Jessica is currently employed with Ongawanda. Her role includes, Intake, providing individual counselling and running education groups. To be as effective as possible, Jessica has adapted many techniques and strategies. She believes that each client is different therefore it is imperative to ensure that counselling is tailored toward each individual.

Angela Rail received her BSW (Equiv.) from the West of England University in Bristol UK. Angela is currently employed with the North Hastings Family Health Team. Her role includes, psychosocial assessments, individual and family counseling, running education groups and workshops. She has worked in the mental health field for over 20 years in both Canada and the UK. Angela is committed to community capacity building and is an independent group facilitator. She has created a variety of adapted approaches for individuals and couples with developmental disabilities and dual diagnosis.

Date: Wed, May 15, 2013
Time: 10:00 AM – 11:30 AM EDT (9:00-10:30 AM CDT)
Presenter(s): Jessica Beresford BSW, RSW, Ongwanada and Angela Rail, BSW (Equiv.) RSW, North Hastings FHT
Host: Eastern Network
OTN Self-scheduling URL: https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=22673712